
Q I A A NEWS

**24-HOUR HOTLINE:
7 1 8 - 5 2 0 - 5 0 2 1**

*****OFFICE LOCATION HAS MOVED TO*****

105-29C METROPOLITAN AVENUE

OFFICE TELEPHONE: 718-520-5024

OFFICE HOURS: TUESDAYS & THURSDAYS FROM 7 P.M. TO 9 P.M. FOR MEETING BOOK SALES AND A LIMITED SUPPLY OF HARD-COVER BIG BOOKS AND STEP BOOKS. **INSTITUTIONS LITERATURE IS AVAILABLE ON THE FIRST TUESDAY OF THE MONTH FROM 6:30 P.M. TO 8:30 P.M.**

MAILING ADDRESS ::: ALL MAIL TO:

P.O. Box 754088

PARKSIDE STATION

FOREST HILLS, NEW YORK

11375-9088

ON THE INTERNET:

www.queensaa.org

EMAIL: secretary@queensAA.org

EMAIL: institutions@queensAA.org

APRIL- MAY- JUNE 2013

QUARTERLY EXCHANGE & INTERGROUP REPRESENTATIVES MEETING

Saturday, JUNE 1st, 2013

All Saints Lutheran Church, 164-02 Goethals Avenue
Located at 164th St. on Goethals Ave., south of Union Tpke.

SCHEDULE

7:30 a.m. Exchange Meeting
9:00 a.m. Representatives Breakfast
9:15 a.m. New Representatives Orientation
9:30 a.m. Representatives Meeting

ALL ARE WELCOME, REPRESENT YOUR GROUP!

The Twelve Steps to a Slip

Persons who attain sobriety through the A.A. principles, do so only after a thoughtful application of the 12 suggested steps to recovery. They happily find themselves on a level plateau of sanity after ascending these steps, one after another, and they maintain their sobriety by a continuing application of these same steps.

Those unfortunates who lose their sobriety are said to be having a "slip". I believe this is a misnomer, for it suggests only a momentary adversity that unexpectedly pounces on its unwary victim. A more apt term would be a "glissade," for a slip is the result of a gradual process, beginning long before its logical termination, and progressing through a series of wrong steps, to a drink, and for us, a drunk.

A slip cannot be said to occur only when it culminates in a drink, for many of us, in our failure to apply the 12 Steps to our living, frequently have slips, which are none the less slips merely because we do not slip as far as a drink.

As one must ascend the 12 Steps gradually, I feel the "slip" is the result of unconsciously descending these Steps. And as descending steps is always accompanied with less effort than ascending them, the steps soon assume the behavior of an escalator.

As the "bottom" is reached it invariably results in taking that "one drink," which leads, for us, only to all the remorse, terror and unhappiness that follows a binge.

These, then, are in my opinion the "12 Steps to a slip," and are the direct result of failure to consciously apply to our lives the 12 suggested steps to recovery:

1. We neglect 12th Step work.
2. We omit contact with the Higher Power.
3. We forget personal inventory.
4. We assume grudges against others.
5. We miss A.A. meetings, and avoid A.A. friends.

6. We gradually lose humility.
7. We fall into self-pity.
8. We worry about unalterable.
9. Our thinkin' really starts stinkin'.
10. We become "cocky" and overconfident.
11. We neglect to ask help from the Higher Power, and take "just one."
12. We become a "social drinker." (Temporarily.)

R. H. Dunkirk, Indiana

Jan. 1949, *Grapevine A.A. Grapevine* © 2012



MEETING UPDATES

- **Sunrise Beginners, Every Saturday, From 9-10am-Open, 140- 17 243 St, Rosedale, NY**
- **Serenity Sisters** will begin meeting at St. Johns Boys Home 6pm Mondays 1/7/13
- **New Dimensions Group** is meeting again at St Johns Boys Home
- **Feelings Group** Sat 10am is meeting at The First Congregational Church (B94 St)
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UPCOMING AA EVENTS:

Queens County General Service Assembly Monday, April 29, 2013 at 7:30 pm, St. Mary's Gate of Heaven Church, 103rd Street and 101st Avenue, Ozone Park. This meeting occurs the last Monday of every even month! Future dates, June 24th, August 26th, and October 28th

Districts 304 & 311 Present: 5th Annual Threefold Event
Friday, May 17th at 7:30pm
Our Lady of Mercy R.C. Church
70th Avenue & Kessel Street (school basement)

NY Intergroup / Queens Forum meeting is held bi-monthly at Our Savior Lutheran School 64-33 Woodhaven Blvd. Rego Park, NY. Upcoming meeting dates are March 16, May 18, and July 20@ 4 pm. All Queens Intergroup Delegates are encouraged to attend.

PLEASE SEND REPLIES, AA BIRTHDAYS, IDEAS OR STORIES TO:
stephen.c.atkins@gmail.com - QIAA Newsletter Coordinator