
Q I A A NEWS

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OCTOBER – NOVEMBER – DECEMBER 2013

OFFICE HOURS: TUESDAYS & THURSDAYS FROM 7 P.M. TO 9 P.M. FOR MEETING BOOK SALES AND A LIMITED SUPPLY OF HARD-COVER BIG BOOKS AND STEP BOOKS. **INSTITUTIONS LITERATURE IS AVAILABLE ON THE FIRST TUESDAY OF THE MONTH FROM 6:30 P.M. TO 8:30 P.M.**

QUARTERLY EXCHANGE & INTERGROUP REPRESENTATIVES MEETING

Saturday, December 7th, 2013

All Saints Lutheran Church, 164-02 Goethals Avenue, (Bsmt.)
Located at 164th St. on Goethals Ave., south of Union Tpke.

SCHEDULE

7:30 a.m. Exchange Meeting
9:00 a.m. Representatives Breakfast
9:15 a.m. New Representatives Orientation
9:30 a.m. Representatives Meeting

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it.

The first question I had about Step Ten was: How soon do I have to admit when I am wrong? "Promptly" seemed so vague. The answer from an A.A. old-timer was: "How long you been sober?" Annoyed, I asked back: "What has that got to do with it?" The answer was: "The longer you are sober, the shorter the 'promptly' gets!"

The next thing I had to learn about Step Ten is that it doesn't say anything about being "sorry." When I was drinking I had a constant stream of "Sorrlys." Now that I have been free of the booze for a few thousand days, I rarely have to say I'm sorry, but I often have to say that I was wrong. There is a big difference.

I've been taught that if I say "I'm sorry" and then leave it like that, it means that I am leaving a lot unsaid that should be said. I am really asking for forgiveness or some sort of "general absolution." But that's not what this alcoholic usually needs. What I need to say is how I was wrong and where I went wrong (thinking of the exact nature of my wrongs, Step Five).

And, thinking of Step Nine, how I was going to make it up to the person or set things right. What are my amends here? No empty promises of "I'll never do it again!" No begging for forgiveness. An amends makes me work to put things back to the way they were before my wrong was committed.

To say I was wrong is also part of that A.A. medicine of ego deflation at depth. I'm not sorry because you are hurt but rather I am admitting that I am wrong because I did something to harm you. Big difference in my book! I have spent time figuring out what exactly I was wrong about, and I have spent time figuring out a proposal of how I am going to straighten things out, since that too is my responsibility and not yours. But I am going to confer with you about this and not impose my solution on you. I may offer several options for you to choose from. I am going to continue a radically honest (but calm and tactful) dialog with you in whatever way is appropriate.

Another thing I had to learn about this Step was that it means that I only take responsibility for when I was actually wrong. If I wasn't wrong on one part but was wrong on another, I say so. I cop it sweet for the parts that I was wrong about but not for the rest of it. For instance, I often have to say something like: "Son, I want to tell you that I was way out of line by raising my voice and yelling at you like that. It was wrong of me to do it in a public place and in front of your friends because that is not only embarrassing but also rude and insensitive. In the future I propose to take you aside or wait until we are away from your mates. I will work on getting my volume and impulsive "anger under control. Can you help me by telling me that I am? yelling or that I am embarrassing you if I forget? On the other hand, I believe that what I said was correct. What you were doing was risky and a bit dangerous. I stand by my statement but was wrong to yell and embarrass you. I'll make it up to you by..."

Lastly, I've been taught that this Step contains the most important word out of the 200 (count 'em) words in all of the Steps.

That word is "continued." It makes a nice word to meditate upon.

Chuck F., Canberra, Australia
From the October, 1999,
Grapevine
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What Are the Principles of A.A., Anyway?

Perseverance: An Ally for Alcoholics

Stick with the winners, says an ancient Alcoholics Anonymous adage. Or maybe it's win with the stickers. The dictionary tells me that perseverance is the act of persisting or remaining constant to a purpose. An older Funk & Wagnall's says it is to keep steadily on in doing or striving, or to persist. All of these definitions seem to work when we're talking about our battles with the bottle and our new-found effort to put alcoholism behind us.

Most alcoholics seem to realize that the gift of sobriety, given to each of us when we agreed to go to any lengths to achieve it, isn't something that we try on for size and then rest on our laurels. We do realize that, like a garden, the gift of sobriety needs constant maintenance and unyielding vigilance. And most of us know of someone who has paid the price for inattention to our program.

While the word perseverance appears only twice in the first 164 pages of the Alcoholics Anonymous text, the implications are everywhere. There are even more references in our companion text, the Twelve and Twelve.

There is a warning issued in Step One to the effect that if you're not really through with your drinking, you probably won't desire the A.A. way.

In Step Three, I'm advised to forget my detox buddies, my A.A. cronies, even my A.A. sponsor. Instead, Step Three tells me, I should turn to the God of my understanding and reap the benefits of that decision. It is difficult to envision any alcoholic undertaking the multiple tasks of the Twelve Steps without trying to cut them down to size.

Many of us give up on that notion when we start telling our sponsor about the missing items in our Fourth Step and why we left them out. Then it's back to the drawing board and an effort to do what we should have done the first time around.

Steps Five, Six and Seven were not inserted in our Twelve Steps so that we could have an even dozen. The founders put them there for the express purpose of forcing us to jettison our character defects. It isn't likely that anyone in the fellowship has actually been able to rid himself or herself of all the garbage accumulated over a lifetime but we can try.

Regular contact with our Higher Power in Steps Eleven and Twelve simplifies our goal.

And perseverance makes the goal more attainable.

George L., Westminster - Contributor
Lifeline – Volume 42, Number 10

Another Buck in the Basket

This month's tip for dropping an extra dollar or two in the basket:

Try doubling down.

Put in twice your usual amount at your meetings for a month or two and see if it really upsets your finances that much maybe you really can afford to give twice as much (and chances are you'll feel 10 times better for doing so!).



UPCOMING AA EVENTS:

October 2013

Districts 305 & 313 Presents: We Are Responsible...
How Can I Give Back to the Fellowship?
Saturday, October 21st, 2013 – 7:00 PM – 9:00 PM
St. Mary's Gate of Heaven, 101-18 104th St, Ozone Park

The Tradition 22nd Group Anniversary

Wednesday, October 30th, 6:45 PM – 8:30 PM
St. Pascal of Babylon Church (Sobriety First)
112-43-199th St, Cambria Heights, NY
Fellowship, Food & Fun

November 2013

The Bill W Dinner – Celebrates the 79th Sobriety Anniversary of A.A. Co-founder Bill W.
Saturday, November 2nd, 7:00 PM – 2:00 AM
Doors open @ 6:45 PM - New York Hilton Hotel,
1335 Avenue of Americas @ 54th St.
Grand Ballroom, Third Floor, New York, NY 10019
212.586.7000 - Tickets \$125.00pp tables' seat 10
Tickets are available at the NY Intergroup Office
For more information: www.nyintergroup.org

QIAA SHARE-A-THON INFORMATION

QIAA Lottery Dates

November 10th & December 8th 2013 @ 11:30 AM
Location: **Our Savior Lutheran School**
64-33 Woodhaven Blvd, Rego Park, NY

QIAA Thanksgiving Share-A-Thon

November 27, 2013 - December 1, 2013
First mtg. starts @ 6:00 PM – Last mtg. starts: 7:00PM
Location: **Our Savior Lutheran School**

QIAA Holiday Share-A-Thon

December 20, 2013 - January 1, 2013
First mtg. starts @ 4:00 PM – Last mtg. start 7:00 PM
Location: **Our Savior Lutheran School**

Meeting Additions, Changes or Support Needed!

- Briarwood Sober, 7:30 PM – **New Group**
Beginning Monday, October 21st, 7:30 PM
Meeting Type: OD
Victoria Congressional Church
144-64 87th Ave., Jamaica, NY
Contact: Jayson C. 9173325.0399
- Forest Hills Liberty II, 8:30 PM Tue. Beginners
- Grace Lutheran Church, 103-15 Union Turnpike,
Forest Hills Bet. 71st Rd & 71st Dr, Service road of
Union Turnpike
- Monday Nite Grapevine, 109th Ave & 118th St. Queens
New Time: 7:00 PM
- Jamaica Presentation – Back To Basics Step Workshop
Grace Church Memorial House, 155-24 90th Ave,
Jamaica – Tuesday, 6:00 PM
- St. Albans Group, Martyr Church, 116-42 Farmers Blvd.
Added mtg. – Beginners – 1st & 3rd Monday of month
- Survivors Group of Rockaways, First Congressional
Church – 348 Beach 94th St., Rockaway Park
7days a week @ 3:00 PM & 8:00 PM
- It's A New Day, 3rd Tues., Open Mtg. if no Anniversary
- 40 Group- Moved to Allen Senior Citizen Bldg.,
116-01 Linden Blvd, Jamaica, NY
Same time
- The following groups are in need of Support –
 - Rosedale Sobriety w/Love –Every Sunday
6:00 PM & 7:30 PM
St. Claire's Church, 137th Ave & 241st St.,
Rosedale, NY (bsmt)
 - Serenity in Hollis – Every Sunday 5:00 PM,
Temporarily mtg. @ I Can Club (Back Room)
 - New Spirit, Jamaica Comm. Action Program
Tues. 11:30 AM
 - Glendale Group – Tues/Wed 8:00 PM
Redeemer Lutheran Church, 69-07 Cooper
Ave (bsmt), bet. 69th Pl & 69th Street

Queens Intergroup is in Need of an Overnight & Friday Day Phone Coordinator – the position involves coordinating the 'call forwarding' to volunteers answering the Queens Intergroup phones as well as filling open positions as they arise.

QIAA SERVICE WORKSHOP

Have you wondered what Queens Intergroup is and it how serves your group in Carrying the Message. Come out to the Queens Intergroup office to meet our Office Manager and join us for a **QIAA Service Workshop** on Saturday, **October 19th, November 16th & December 21st** at 12 noon to find out.

These mtgs. will occur every 3rd Saturday @ Noon!
BRING A NEWCOMER TO LEARN ABOUT SERVICE AND THE ART OF GIVING BACK TO AA!

CARRY GRATITUDE IN YOUR ATTITUDE!

Question of the Month

Tradition 5 of AA states "Each group has but one primary purpose – to carry its message to the alcoholic who still suffers"

What are your thoughts on those who introduce themselves in an AA meeting as an 'addict or cross addicted' or share their experience, strength and hope on matters outside of alcohol?

Send responses to newsletter@queensaa.org

AA FUNNIES!

AA faker: "Since joining AA 3 years ago, I have not found it necessary to take a drink"

Newcomer: "Liar, I saw you not 2 weeks ago at Joe's bar and grill drunk as a skunk"

AA faker: "Yeah, but it wasn't necessary"

A wino was staggering down the beach hung over and sick. His mouth was dry, and he wanted a drink bad...He was checking all the empty cans and bottles he found looking for a corner of a bottle...

He found a bottle, pulled the cork and out popped a genie. Genie said, great I'm free, I have been in there for 3500 yrs... You get 2 free wishes!

The wino thought about it for a minute and said, I want a bottle of wine that will never run dry...poof!

There in his hands was a fresh bottle of wine. He pulled the cork and took a slug, the bottle refilled itself. Great he said...The genie said, hurry up I have got some catching up to do...the wino thought for a minute and asked the genie...

You got one more bottle like this?

Submit your Stories on: **"How Do You Give Back to AA for What Has So Freely Been Given To You?"**

All submissions to: newsletter@queensaa.org

You can also submit any AA related Group Information & Group Anniversaries....for January, February & March no later than December 8th 2013!

'IT IS NOT CHANGE THAT IS PAINFUL, IT IS RESISTANCE TO CHANGE THAT IS PAINFUL!'

HUMBLY SUBMITTED FOR YOUR PLEASURE...

IN LOVING SERVICE,

STEPHEN A.,

QIAA NEWSLETTER COORDINATOR

newsletter@queensaa.org

QIAA Financial News –

Donations to QIAA have been down...Due To This
QIAA Has Needed to Draw from Its Prudent
Reserve and are.....
In the red by \$8900.00

You're Donation, No Matter How Small Will Help



Keep QIAA Open

**QUEENS INTERGROUP of AA
SUMMARY of GROUP DONATIONS
JANUARY to AUGUST 31, 2013**

GROUP			GROUP		
#	GROUP NAME	TOTAL	#	GROUP NAME	TOTAL
40	A DAY AT A TIME	\$200.00	2140	NEW LEAF	\$50.00
80	ASTORIA	\$150.00	2240	JAMAICA PRESENTATION	\$25.00
310	SHE FOUND A SOLUTION	\$50.00	2540	SOUTH JAMAICA	\$15.00
290	MEN AT WORK	\$383.00	2600	DOUGLSTON FRESH START	\$50.00
300	MORNING MEDICINE	\$300.00	2780	JUST FOR TODAY (TRANSFIG)	\$25.00
340	NOT A MINUTE TOO SOON	\$200.00	2820	NEW BEGINNINGS	\$25.00
420	BAYSIDE	\$400.00	2840	MIDDLE VILLAGE	\$200.00
440	BAYSIDE DAYTIME RECOVERY	\$300.00	2845	NEW LIFE	\$350.22
460	BAYSIDE HILLS	\$20.00	2860	THE WAY OUT	\$100.00
560	CLEARVIEW	\$25.00	2880	SOBER FEELINGS	\$320.00
580	NORTH QUEENS	\$250.00	3100	SOUTH OZONE PARK	\$150.00
600	OAKLAND GARDENS	\$210.00	3120	STICK WITH THE WINNERS	\$130.00
610	BELLROSE BIG BOOK	\$175.00	3125	WOMEN OF COURAGE	\$50.00
640	BELLROSE HOPE	\$750.00	3130	CATCH THE SPIRIT	\$210.00
660	DUMPING GROUND DAYS	\$400.00	3280	REGO PARK	\$50.00
680	DUMPING GROUND NITES	\$200.00	3420	RICHHAVEN SPLINTER	\$200.00
720	BEST OF TIMES	\$150.00	3440	TODAY	\$100.00
740	BILL'S SOBER LUNCH	\$25.00	3520	RIDGEWOOD	\$70.00
760	COLLEGE POINT/MALBA	\$120.00	3580	BACK TO BASICS	\$50.00
800	DUALING SWORDS	\$100.00	3600	MIDWOOD GROUP	\$50.00
850	C.P. 3 in 1	\$25.00	3680	BELLE HARBOR	\$80.00
960	ELM HEIGHTS	\$50.00	3940	ROCKAWAY CLEAN&DRY	\$81.00
1000	HELPING HAND	\$40.00	4045	LIVING SOBER (in Rockaway)	\$25.00
1060	ANDREAN'S MONDAY	\$450.00	4120	ROSEDALE SOBRIETY W/LOVE	\$45.00
1090	AUBURNDALE	\$300.00	4200	LADIES LOVE&SHARING	\$100.00
1120	CHURCH ON THE HILL	\$275.00	4260	SOBRIETY FIRST	\$15.00
1140	FLUSHING BOWNE	\$50.00	4540	DELIVERANCE	\$100.00
1240	UNITY STEP	\$100.00	4560	KEYNOTE	\$110.00
1280	HARDHEAD'S	\$412.50	4740	WOODHAVEN	\$170.80
1320	MEN ON THE MOVE	\$87.50	4805	A VISION FOR YOU II	\$25.00
1340	PROGRESS	\$275.00	4820	DAILY DOZEN	\$75.00
1380	ST. MEL'S	\$100.00	4830	SHOW UP FOR LIFE	\$150.00
1400	UTOPIA	\$50.00	4840	WOODSIDE	\$100.00
1580	FOREST HILLS SURVIVORS	\$62.00	4880	WOODSIDE KEEP IT GREEN	\$110.00
1600	FOREST HILLS WORKSHOP	\$125.00			
1620	GARDEN'S GROUP	\$38.66			
1670	MESSAGE ON METRO	\$350.00			
1815	WELCOME TO THE 11AM MEETING	\$400.00			
1900	GLENDALE	\$495.00			
2060	JACKSON HEIGHTS	\$35.00			